

COMPETITION RULES - MY MOVES DANCE COMPETITION 2023

1. GENERAL

- The competition is open to everyone and all styles of dance.
- Each competing entry has to have a name.
- The length of a competing entry must be 1 - 4 minutes.
- The judging is emphasized on the idea of the performance.
- The choreography can be made by anyone, but the dancers bringing their own choreographies to the competition will be rewarded with special honorary mention - "Spesiaalimaininta" diplomas.
- The choreography cannot be plagiarized.

2. COMPETITION CATEGORIES

The categories are:

SOLOS / Kids

SOLOS / Juniors

SOLOS / Teens

SOLOS / Adults

DUOS + TRIOS / Kids

DUOS + TRIOS / Juniors

DUOS + TRIOS / Teens

DUOS + TRIOS / Adults

SOLOS / Kids

SOLOS / Juniors

SOLOS / Teens

SOLOS / Adults

Age groups:

Kids = dancers born in 2013 and later

Juniors = dancers born in 2010-2012

Teens = dancers born in 2007-2009

Adults = dancers born in 2006 or earlier

NB! In the Kids categories the scores will not be published but the three highest scored entries will all be rewarded with equal gold medals.

- One dancer can participate in multiple categories. Please let us know of all categories in the registration form if this is the case, so that we can take that into notice when making the schedule.
- The same soloist, duo, trio or group cannot have multiple entries in the same category. However, a dancer can compete in multiple different duos, trios or groups within the same category.

- In the solo categories a dance is performed by one (1) dancer.
- In the duo + trio categories a dance is performed by two (2) or three (3) dancers.
- In the group categories a dance is performed by four (4) or more dancers.
- A group or trio must choose the age category to which the majority of its dancers belong to.
- If the dancers of a duo are different in age, the duo must choose the age category of the older dancer.
- If it is unclear to which category the dancer(s) should choose, please ask the My Moves Team for help.
- If there are less than three participants registered to a category, it will be merged with another category.
- If necessary, the organizer has the right to make changes to the categories.

3. JUDGING AND SCORES

- The participants will receive scores and written feedback from the judges.
- The judges will give scores on a scale of 1-10.
- The judging has an emphasis on the idea and therefore the score of the **idea segment** has a factor of 1,5x.
- The four segments evaluated and scored by the judges are the following:

IDEA

Theme of the performance and how it's conveyed

Originality, appeal, ethicalness

Cohesity of the name, music and costumes of the performance in relation to the chosen theme

EXPRESSION

Expression in movement and face in relation to the chosen theme

Interaction between the dancers

Interaction with audience

CHOREOGRAPHY

Versatility; use of space, diversity of dynamic and levels

Originality of movement

Cohesity of choreography

Use of music

Choreography's suitability for the age and skills of the dancer(s)

PERFORMANCE

Fluency of movement

Confidence

Technique

Cohesion of movement, simultaneity (if definable).

- There are three judges in each category. Each judge will evaluate all four segments.
- Each judge commits to judging the entries fairly, without favor, and they cannot judge a category in which they're taking part as a dancer, a coach or a choreographer.
- The total score of an entry consists of the points given by each judge - the maximum being 135 points. The entries in every category will be placed according to the scores (excluding the Kids categories).
- If two entries have the same total score, the place will be shared.
- The three best entries in each category will be rewarded with medals and diplomas. Additionally, the judges have the possibility to give out honorary mentions to entries of their choosing.

4. REGISTRATION

- The registration is open from 26.9.2023 to 13.10.2023 in the website mymovestanssikilpailu.com. The registration can close earlier if the competition gets fully booked.
- After the actual registration is closed, it is possible to late-register if there are still spots available. You may ask the My Moves Team about late registration until 18.10.2023. The late registered will pay a doubled entry fee.

5. KILPAILU

- The dancers will have a chance to test the stage before their performance. This will happen according to the schedule made by the My Moves Team, one category at a time. The stage trial time may be shared with other entries, so please respect everyone and give each other space.
- You may only enter the stage during the stage trial and performance times given to you. During other times it is forbidden to go on stage!
- The stage is approximately 12 m long and 14 m wide. The floor is covered with a black dance mat.
- It is allowed to use props in the performances. The dancer(s) must be able to bring the props to the stage themselves during their entrance and take them away themselves when exiting the stage.

6. PRICING AND PAYMENTS

The entry fees of the competition categories are the following

Groups 120€

Duos / trios 30€

Solos 25€

- The preferred payment type for entry fees is invoice. If necessary, the solos, duos and trios can also pay by card when arriving at the competition. The payment type is selected in the registration.
- If an organization (dance studio, school, sport club...) is paying multiple entry fees, please only give us only one billing address. Additionally, if you are a company or organization, please also give us your business ID (Y-tunnus).
- It is possible to cancel your registration without charge until 18.10.2023 by sending an email to [mymovestanssikilpailu\(at\)gmail.com](mailto:mymovestanssikilpailu(at)gmail.com).
- If a cancellation is made after 18.10.2023, we will charge 50% of the entry fee unless a medical certificate is presented.
- If a participant doesn't show up on competition day and hasn't sent a cancellation notice, we will charge 100% of the entry fee.

7. MUSIC

- Please send the competition music to [mymovestanssikilpailu\(at\)gmail.com](mailto:mymovestanssikilpailu(at)gmail.com) by 29.10.2022.
- When sending the music, title the message with:
MUSIIKKI, name of the entry, name of the performer, category.

For example: "MUSIIKKI - Treasure Hunt - Team Hunters - Adults Groups"

- The music file form needs to be mp3 or .wav.
- Please name the music file as follows:
Name of the entry - name of the performer, category.
For example: Treasure Hunt - Team Hunters - Adults Groups.
- The music needs to be purchased from a legal source and edited ready as needed.
- The participants sending their music late, unedited or with a wrong name, will be charged a 10€ fee.

8. IMPROKISA - THE IMPROV CONTEST

- In addition to the regular categories there is also an Improv Contest in the competition. There will be two of these contests during the event.
- The Improv Contest is open to all dancers competing in the regular categories. The registration is open in the competition office during the competition day.
- Participating in the Improv Contest is free of charge and the maximum number of participants in each Contest is 20. The spots are filled in order of registration.
- A dancer can only partake in one of the two Improv Contests during the event.
- In the Improv Competition, all dancers are on stage at once and improvise their movement while a song picked by the My Moves Team is playing. The chosen song will not be revealed to the participants before the start of the Improv contest.
- There are three rounds to the Improv Contest. First, all 20 dancers start dancing together on stage and the judges will choose the dancers to continue to the second round. From this round the judges will choose the finalists and finally, from the final they'll choose two equal winners.
- In their evaluation, the judges will pay attention especially to the dancers' courage, ability to adapt and their persona in movement.

9. CONTACT

- Please don't hesitate to contact the My Moves team if you have any questions!
- The fastest way to contact us is via Instagram Direct Messages @mymovestanssikilpailu. We always reply quickly :)
- You can also email us at [mymovestanssikilpailu\(at\)gmail.com](mailto:mymovestanssikilpailu(at)gmail.com)

MY MOVES