

1. GENERAL

- The competition is open to everyone and all styles of dance.
- Each competing entry has to have a name.
- The length of a competing entry must be 1 - 4 minutes.
- The judging is emphasized on the idea of the performance.
- The choreography can be made by anyone, but the dancers bringing their own choreographies to the competition will be rewarded with special honorary mention - "Spesiaalimaininta" diplomas.
- The choreography cannot be plagiarized.

2. COMPETITION CATEGORIES

- The competition consists of:
 - Basic categories
 - Jokerisarja – the "Wild Card" category
 - Improkisa – the Improv contest
- One dancer can participate in multiple categories. Please let us know of all categories in the registration form if this is the case, so that we can take that into notice when making the schedule.
- The same soloist, duo, trio or group cannot have multiple entries in the same category. However, a dancer can compete in multiple different duos, trios or groups within the same category.
- If it is unclear to which category the dancer(s) should choose, please ask the My Moves Team for help.
- If there are less than three participants registered to a category, it will be merged with another category (excluding Jokerisarja – the "Wild Card" category which will happen regardless).
- If necessary, the organizer has the right to make changes to the categories.

2.1 Basic categories:

1. SOLOS / Kids
2. SOLOS / Juniors
3. SOLOS / Teens
4. SOLOS / Adults

5. DUOS + TRIOS / Kids
6. DUOS + TRIOS / Juniors
7. DUOS + TRIOS / Teens
8. DUOS + TRIOS / Adults
9. SOLOS / Kids
10. SOLOS / Juniors
11. SOLOS / Teens
12. SOLOS / Adults

In the solo categories a dance is performed by one (1) dancer. In the duo + trio categories a dance is performed by two (2) or three (3) dancers. In the group categories a dance is performed by four (4) or more dancers.

Age groups:

Kids = dancers born in 2014 and later

Juniors = dancers born in 2011-2013

Teens = dancers born in 2008-2010

Adults = dancers born in 2007 or earlier

- A group or trio must choose the age category to which the majority of its dancers belong to.
- If the dancers of a duo are different in age, the duo must choose the age category of the older dancer.
- Note! In the Kids categories the scores will not be published but the three highest scored entries will all be rewarded with equal gold medals.

2.2 Jokerisarja – the “Wild Card” category - NEW!

- The “Wild Card” category is a new, open, wild and experimental competition category that emphasizes creativity and variety.
- The “Wild Card” category is open only to groups, i.e. ensembles of at least four (4) performers.
- The category has no age restrictions of any kind.
- The duration of the performances may be slightly longer than in the basic categories, up to a maximum of 8 minutes.
- The “Wild Card” is intended especially for entries that have an element that differentiates them from the basic categories. This may include, for example:
 - A wide age range, a high age average or a large number of performers

- Special props, large sets, video projections, other visual arts
- Live music, poetry, theatre
- The sky's the limit (and the 8 m high ceiling of the venue)! **We are also happy to answer any questions about the new category <3**
- The use of sets, props, etc. is therefore allowed and even encouraged, as long as they are safe and doable in the space and time provided.
- Performers should inform the organizers in advance if the performance will include anything special, such as singing or instruments, so that technical arrangements can be made.
- An entry competing in the The “Wild Card” category cannot also compete in the Basic categories.

2.3 Improkisa – The Improv contest

- In addition to the regular categories there is also an Improv Contest in the competition. There will be two of these contests during the event.
- The Improv Contest is open to all dancers competing in the regular categories (basic and wild card). The registration is open in the competition office during the competition day.
- Participating in the Improv Contest is free of charge and the maximum number of participants in each Contest is 20. The spots are filled in order of registration.
- A dancer can only partake in one of the two Improv Contests during the event.
- In the Improv Competition, all dancers are on stage at once and improvise their movement while a song picked by the My Moves Team is playing. The chosen song will not be revealed to the participants before the start of the Improv contest.
- There are three rounds to the Improv Contest. First, all 20 dancers start dancing together on stage and the judges will choose the dancers to continue to the second round. From this round the judges will choose the finalists and finally, from the final they'll choose two equal winners.
- In their evaluation, the judges will pay attention especially to the dancers' courage, ability to adapt and their persona in movement.

3. JUDGING AND SCORES

3.1 Basic categories

- The participants will receive scores and written feedback from the judges.
- The judges will give scores on a scale of 1-10.
- **The judging has an emphasis on the idea and therefore the score of the idea segment has a factor of 1,5x**
- In the Basic categories The four segments evaluated and scored by the judges are the following:

IDEA

Theme of the performance and how it's conveyed

Originality, appeal, ethicalness

Cohesity of the name, music and costumes of the performance in relation to the chosen theme

EXPRESSION

Expression in movement and face in relation to the chosen theme

Interaction between the dancers

Interaction with audience

CHOREOGRAPHY

Versatility; use of space, diversity of dynamic and levels

Originality of movement

Cohesity of choreography

Use of music

Choreography's suitability for the age and skills of the dancer(s)

PERFORMANCE

Fluency of movement

Confidence

Technique

Cohesion of movement, simultaneity (if definable).

- There are three judges in each category. Each judge will evaluate all four segments.
- Each judge commits to judging the entries fairly, without favor, and they cannot judge a category in which they're taking part as a dancer, a coach or a choreographer.

- The total score of an entry consists of the points given by each judge - the maximum being 135 points. The entries in every category will be placed according to the scores (excluding the Kids categories).
- If two entries have the same total score, the place will be shared.
- The three best entries in each category will be rewarded with medals and diplomas. Additionally, the judges have the possibility to give out honorary mentions to entries of their choosing.

3.2 Jokerisarja – The “Wild Card” category

- The maximum score for a performance in the Wild Card category is 10. Each of the three judges will give the entry one overall score (1-10 points). (e.g. Judge A: 6 points, Judge B: 6 points, Judge C: 8 points → total score of the entry: $(6+6+8) / 3 = 6.67$).
- Participants will also receive written feedback from the judges.
- The judges will give their overall score based on the following criteria:

Creativity

- Innovation, originality, surprise element

Overall impression

- Versatility, artistry

- Captivation, emotion, storytelling

- Common thread, synergy of different elements

Performance

- Technique, Expression, Confidence

- There are three judges in each category. Each judge will evaluate all criteria.
- Each judge commits to judging the entries fairly, without favor, and they cannot judge a category in which they're taking part as a dancer, a coach or a choreographer.
- The winner of this category will be awarded with a trophy, a diploma and a special prize which will be revealed later on. Additionally, the judges have the possibility to give out honorary mentions.

3.3 Improkisa – The Improv contest

- The Improv contest is all about the dancer's personality and their ability to express themselves, rather than the technical skills of a particular dance style. The judges also pay attention to the following:
 - Musicality, ability and courage to adapt into an unexpected song
 - Variety and originality of movement, use of levels
 - Presence, expression
- There are three judges in The Improv contest. Each judge will evaluate all criteria.
- Each judge commits to judging the entries fairly, without favor, and they cannot judge a dancer whose coach or a choreographer they are.
- Two equal winners will be selected from the Improv competitions and will be awarded with certificates of honour and gift vouchers. In addition, the jury may award honorary prizes if they wish.
- Note! No written feedback will be given to the dancers in the Improv competition.

4. REGISTRATION

- The registration is open from 24.9.2024 to 11.10.2024 in the website mymovestanssikipailu.com. The registration can close earlier if the competition gets fully booked.
- After the actual registration is closed, it is possible to late-register if there are still spots available. You may ask the My Moves Team about late registration until 15.10.2024. The late registered will pay a doubled entry fee.

5. COMPETITION

- The dancers will have a chance to test the stage before their performance. This will happen according to the schedule made by the My Moves Team. The stage trial time may be shared with other entries, so please respect everyone and give each other space.
- You may only enter the stage during the stage trial and performance times given to you. During other times it is forbidden to go on stage!
- The stage is approximately 12 m x 12 m. The floor is covered with a black dance mat.

- It is allowed to use props in the performances. The dancer(s) must be able to bring the props to the stage themselves during their entrance and take them away themselves when exiting the stage. In Jokerisarja (the “Wild Card” category) it’s possible to ask for assistance from the event staff with the props of other equipment. If assistance is needed, please let us know well in advance via email [mymovestanssikipailu\(at\)gmail.com](mailto:mymovestanssikipailu(at)gmail.com).

6. PRICING AND PAYMENTS

- The entry fees of the competition categories are the following:

Solos: 25 €

Duos / trios: 30 €

Groups: 4-10 dancers 120 €; 11 dancers or more 180€

Jokerisarja (the “Wild Card” category): 4-10 dancers 120 €; 11 dancers or more 180€

- The preferred payment type for entry fees is invoice. If necessary, the solos, duos and trios can also pay by card when arriving at the competition. The payment type is selected in the registration.
- If an organization (dance studio, school, sport club...) is paying multiple entry fees, please only give us only one billing address. Additionally, if you are a company or organization, please also give us your business ID (Y-tunnus).
- It is possible to cancel your registration without charge until 15.10.2024 by sending an email to [mymovestanssikipailu\(at\)gmail.com](mailto:mymovestanssikipailu(at)gmail.com).
- If a cancellation is made after 15.10.2024, we will charge 50% of the entry fee unless a medical certificate is presented.
- If a participant doesn't show up on competition day and hasn't sent a cancellation notice, we will charge 100% of the entry fee.

7. MUSIC

- Please send the competition music to [mymovestanssikipailu\(at\)gmail.com](mailto:mymovestanssikipailu(at)gmail.com) by 27.10.2024.
- PLEASE FOLLOW THESE INSTRUCTIONS:
 1. **Make sure the music file is in an .mp3 or .wav form and edited ready as needed.** Note! The music needs to be purchased from a legal source.

2. **On your device, rename the music file like this:**

Name of the entry - name of the performer - category.

For example: *Treasure Hunt - Team Hunters - Adults Groups*

3. **Attach the renamed music file to an email and title the message like this:**

MUSIC - Name of the entry - name of the performer - category

For example: *MUSIC - Treasure Hunt - Team Hunters - Adults Groups*

- The participants sending their music late, unedited or with a wrong name, will be charged a 10€ fee.

9. CONTACT

- Please don't hesitate to contact the My Moves team if you have any questions!
- The fastest way to contact us is via Instagram Direct Messages @mymovestanssikilpailu. We always reply quickly :)
- You can also email us at mymovestanssikilpailu(at)gmail.com